

**eBook
by
Stephen McGhee**

www.MiracleLeader.com

BE THE PRESIDENT OF YOUR OWN LIFE

How to take the lead of your life...
and be happy, at peace and on purpose!

(No matter who sits in the oval office or what goes on in the world)



VOTE for your **Self!**
THINK for your **Self!**
EMPOWER your **Self!**

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OWN YOUR POWER!





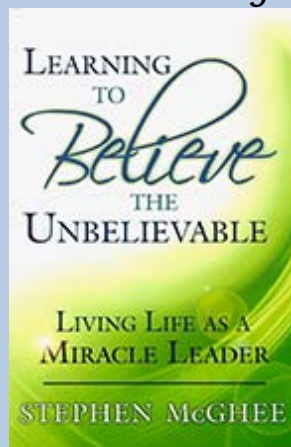
Stephen McGhee

Welcome!
Are you ready own your power?

SELF EMPOWERING CHAPTERS

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*This eBook includes some excerpts from Stephen McGhee's book
Learning to Believe the Unbelievable - Living Life as Miracle Leader



Chapter 1

THE ROOT CAUSE OF PEACE

“The best and the worst thing that can happen to you is a thought.”
~Byron Katie

What exactly does it mean to have world peace?
Maybe peace on earth already exists and it's simply a matter of us noticing it?



Do you feel peaceful and serene when you look at the photo above? Most people might, however someone else may look at the same photo or visit the same lake and feel grief and sadness because someone they loved drowned in a lake. Peace is an internal event.

The lake is a body of water, and it does not have the power to create peace or grief in people. A million people may view the lake and each person will interpret the lake differently according to their own life experiences. **Feeling and being peaceful is a choice.**

Now, what thoughts came to your mind when you looked at the photo below?



Some people might think Steve Irwin was crazy, other might be infuriated and others inspired, while others may feel sad about his death. Whose perspective is right? No one's - they are all just projecting their thoughts onto something outside of themselves. Does this photo or person, or anything outside of you really have the power to make you feel happy or angry?

When the Dalai Lama was asked if he felt angered by the atrocities inflicted on his people in Tibet, his response was "No, they took my country why should I give them my mind too."

With every thought you either create peace or conflict in your entire world (your mind) in each moment. If you truly seek peace and making a positive impact on the world, the most powerful position you can come from is a clear, calm mind and a peaceful heart.

With every thought you create your own personal peace on Earth... or not.

The only thing you have control over is your thinking and what thoughts you choose to focus on. That's it! Your awareness/focus is **YOUR** entire world. And, you only get this moment, the past cannot be changed and the future does not yet exist. So, in this moment will you choose to be peaceful and happy?

Do your conversations about politics (or anything) bring you conflict or peace?



Honestly, have you lost friends or even business by trying to prove your views are right? Or maybe you ended a relationship because someone tried to prove that you were wrong and their views were right? How much joy and peace and personal power have you given away trying to prove that you were right?

The trouble with attempting to prove you are right is that it makes other people “wrong” and no one likes to be proved wrong and they most likely will not hear a word that you say. People like to be heard, because when you listen to others (no matter if you agree or not) you validate them by listening. Once people feel validated, heard or understood, they lose their defensiveness and are much more likely to listen to you.

Miracles come from listening.

What happens when you think you are right? Basically, your mind is closed and you lock yourself in a dark and lonely prison cell.



Positive changes and peace will never come about from anger and closed minds.

Self empowerment comes from being so peaceful inside that you can truly listening to others without getting upset or threatened by their views. This is the most powerful position to be in and it gives you the greatest chance of creating an empowering solution for everyone involved.

Peace is not a place to get to, but a rather a place to come from.

The ultimate self-empowerment is an open mind and a peaceful heart. Stop giving your power and your personal peace on Earth away by getting upset and you'll find yourself in a powerful position to create positive change in the world.

The root cause of peace is your thinking/perspective and your willingness to listen to others instead of judging them. World peace is created one person, one clear mind, one peaceful heart, one compassionate act at a time. Peace does not come about by everyone believing the same thing... but by tolerance of others views.

Chapter 2

OWN YOUR POWER... VOTE FOR YOUR SELF EVERYDAY



Follow the leader? No matter who is elected President of this country, it is still up to you to empower your Self. All your power is in the moment, in your attention, your focus, your awareness. How will you use your power? When you get upset about politics, in that moment you are terrorizing yourself and those around you. You destroy your own happiness and peaceful heart in that moment.

Voting for your Self requires courage and initiative. Most people are waiting for the perfect leader to ride into their lives or their business to save the day. The only problem with that is - that the perfect leader does not exist. You are the Miracle Leader of your own life. That is why, I encourage you to vote for your Self... to see that life is more full and rich as you vote to lead your own life. The wonderful thing is that you will inspire many people as you get hip to your own life leadership. Each of us has the power to own our lives... you really have no choice - you alone are responsible for your own happiness.

Living Life as a Miracle Leader is not about politics. It is about a way of being during the political campaign and always. If each of us could really stand up to the responsibility in our own lives the world would just work better. It feels like it is simply time to stop blaming the world and take a long look at how each of us is contributing as a collaboration to the world.

I have always liked what JFK said many years ago: "Ask not what your country can do for you, ask what you can do for your country." It seems that the world is moving so fast that each of us could really benefit by slowing down, to see how we are being in our own internal world.

Get Real! Get Clear! Live Your Life on Purpose!

Owning your own life is about creating! You create with every thought, choice, smile and action. Your words, emails, and how you relate to others demonstrate your reality. Perhaps, you are more powerful than you may have previously considered.

Let's get real...

When things don't go your way are you a...

REACTOR?



Reactors are people that are waiting for others or the world to change so that they can be happy. They react to everything... good news - they are up... Bad news - they are down. They blame their troubles on others or events - they do not realize that getting angry is a choice. They are like jellyfish helplessly drifting to wherever the current takes them. Reactors feel powerless.

Or, when things don't go your way are you a...

CREATOR?



Creators realize that others and the world are not going to change in order to make them happy. They view "news" as information and they don't base their happiness on it. They realize that both happiness and anger are both choices that they make. When faced with seemingly negative events in life they ask "How can I use this?"

*"The victim complains about the wind,
the positive thinker expects it to change,
the owner adjusts the sails"*
~Steve Chandler

Creators accept full responsibility for their own happiness. If you are not the leader of your own life... then who is? You are not powerless. You have the power. You are the leader of your life and creating miraculous results is your choice.

Chapter 3

GET OFF YOUR LITTLE "S"

*Excerpt from Learning to Believe the Unbelievable



To begin the exciting process of seeing yourself in a new way, you must give up your little "s." That's right: you will keep your "Self," but not your "self." And you know what the big Self is: it's the part of you who knows what is best for you.

The "little s" *self* feels threatened by new ideas, and is therefore comfortable with being "just ok." The "little s" already thinks it knows the answers because it is ego-based. It tends to "run the show" and will do anything to be right, as it does not want to look or feel insecure.

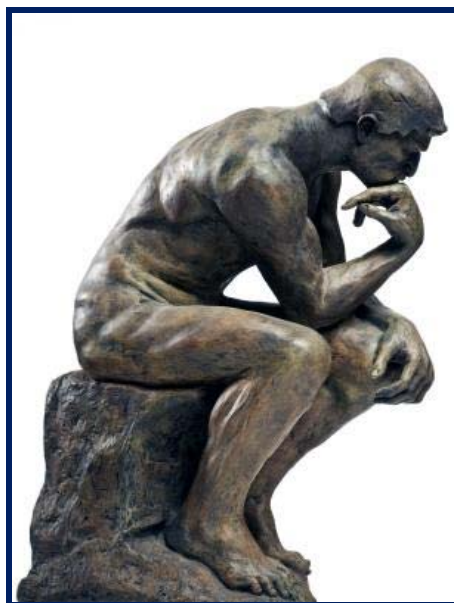
The "big S" Self, on the other hand, is the part of you that contains your greatness. It is the core of your being. It eagerly seeks new and exciting ways of expanding horizons through more powerful and courageous means. Open to new ideas, the "big S" Self is more interested in integrity than showmanship, and it creates exciting possibilities for the highest good of all those involved.

Once you master taking the perspective of your big Self, you will be open to exploring miracles. So it's time to go deep into that Self with Self-questioning: How would our approach to life change, and what would it mean if you began to believe that you really are a miracle? By learning to make this shift in perception, you will begin to create results with ease in all areas of your life: business, relationships, health, finances, and spirituality. Your life will no longer be something mundane that just "happens" to you. Instead, your life will become a work of art and a gift to behold. It means you will have the experience of living your life as a miracle leader.

Chapter 4

CONSULT THE REAL EXPERT ON "YOU"

**Excerpt from Learning to Believe the Unbelievable*



More likely than not, over the years your teachers, parents, friends, and lovers have tried to tell you how you should live your life. They do this because they love you. While they may be trying to help you discover your life's path, only you can know your Self. Nobody knows more about your life than you. Therefore you must learn to trust your Self. Miracle leadership is about gaining access to that part of you that knows—really knows—how *you* want to live.

While at times it may be beneficial to ask others for advice, remember to trust yourself on your own advice. You may feel like having others tell you what to do but if you are constantly looking to others to make your life's decisions, you are no longer fully participating in your own life.

There will also be temptations to tell others what to do. But what is the real value of that? In a word: avoidance. By focusing on them you avoid yourself. It is much easier to disengage yourself from your own situation when you're advising others on theirs. When you do that, you don't have to face your own truths. While projecting your opinions onto others, you lose sight of your own growth opportunities and challenges. By doing this, you are not participating fully as a miracle leader.

DFY Decide for yourself - think for yourself and know that your answers are inside of you. One way to tap into your own wisdom is to look at something you want to accomplish and ask yourself "What is the one thing that I could do right now to get me closer to my goal?"

We all know what that "one thing" is, and yet it we can all find very creative ways to avoid doing the "one thing" that we already know will bring us success.

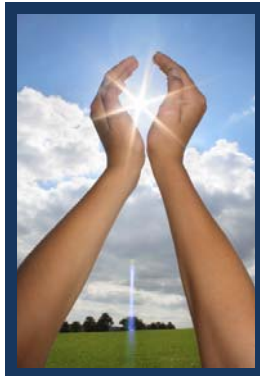
The answers, solutions and everything you need to accomplish your goal is always right in front of you. Start looking for the opportunities and you will find them. The mind cannot not answer a question you ask... start asking questions that will lead you to action to create what you want. Stop asking negative questions like "Why am I always broke?" and "Why me?" because you will continue to find the answers these questions as well.



Chapter 5

BE THE MIRACLE OF YOUR WORD

*Excerpt from Learning to Believe the Unbelievable



A few years ago, a dear friend of mine was preparing herself to die. Because she knew she was going to die from a terminal form of cancer, she was able to say her goodbyes to friends and family.

During my visit to the hospital, I asked her a simple question: "What is the one thing you would have done differently in your life?"

She smiled, looked me straight in my eyes and said, "I would have said 'No' a lot more than I did. I said 'Yes' to many things that were not really that important to me because I wanted certain people to like me. Yet, those people are not here in my final hours. I would have spent more time with the people who I love the most."

She smiled one last time at me. I later learned that she died that afternoon. Her words continue to inspire me.

Imagine a world where people are brave enough to say "no" more often, so that "yes" can mean more, too. Imagine people simply doing what they say they are going to do. What possibilities could manifest if your team or family did everything they said they would do? Most likely, there would be efficiency to life that you have yet to experience. What would your world look like if you always kept your word?

Your life would run more smoothly because you could depend on things being accomplished on time.

I learned from my dear friend's last words that keeping your word does not always mean saying "Yes."

I have also learned that there are essentially two ways you can keep your word if you have agreed to do something:

1. Do what you said you would do.
2. Renegotiate what you said you would do.

How can renegotiation be defined? By beginning with what is *not* renegotiation. Renegotiation does not mean sending an email that says you cannot make your agreed meeting time. While your willingness to let it be known that you cannot make your original time may be appreciated, there is no renegotiation in it. Instead, you are simply breaking an agreement.

A true renegotiation implies that both parties in the original agreement have agreed to a new change and have rescheduled the agreement together. And if the other party is not willing to renegotiate, you must be willing to complete the agreed action.

Check The Box

There are essentially three kinds of people in life:

1. People you can count on.
2. People you are not sure you can count on.
3. People you know you cannot count on.

While someone may fall under category two or three, this does not mean that this person can *never* be counted upon. Nor does it mean that they can't be loved for who they are.

For example, I have a person in my life on whom I simply cannot count. While I love this person, I can't trust whether or not she will actually do what she says she will do. I have learned that sometimes she follows through on her promises and other times she does not.

Regardless of how much I care for her, if she is consistently breaking her word then our relationship is impacted. If you have experienced a similar relationship like this in your life, you have two choices:

1. Disengage from the relationship.
2. Lower your expectations to avoid disappointment.

Rather than "pointing the finger" at others, you will be much more responsible if you consider how *you* actively can make positive changes in your *own* life. When determining your own levels of accountability, ask yourself the following questions:

1. In what areas could I be more accountable?
2. What can I do to be true to my word?
3. Can people trust that I am going to do what I say I am going to do?

Being the Change

During one phase of my life, I broke many agreements with people. After being faced with the wreckage of my decisions, I learned how much more efficient and enjoyable life was when I decided to always be accountable. Now, I say what I will do, and I do what I say.

Ask your Self the following questions:

1. How well do you keep your agreements?
2. What are you willing to do to be more accountable to your Self as well as the people in your life?

Who I Am is My Word

While you may identify yourself as being a human, a woman, or an architect, what we all have in common beneath all that is our word. I am my word and you are your word. Your word is powerful, and carries weight just as much with your colleagues as with your family.

When you speak, your words can either carry the deepest essence of your heart and soul, or they can reflect your surface temper and your irritability. Your words can be full of anger, blame, betrayal, or they can be filled with love, respect, and trust. So be mindful of what you say to your team, your family, and your loved ones. What you communicate to other people can never be taken back. Ultimately, once it comes out of your mouth it may be forgiven but it is likely not forgotten. Yes, you can pray for forgiveness, and you can say you are sorry. Certainly we all make mistakes. But if the words that come rolling off of your tongue are full of negative emotion, catch them as soon as you can. Apologize, look inside, and explain why you are so angry. Speak from a place of honesty, and speak with compassion.

Then let newer, truer more loving words reflect who you are and watch those words create miracles in your life.

Words Will Never Hurt Me?

Keep your word with yourself, too! You are the most important person with whom you keep your word. How do you talk to yourself? Do you constantly beat yourself up by telling yourself that you are too slow, too fat, and too stupid? Or, do you support your Self by being honest and compassionate?

For example, you can either berate yourself by saying "I'm a loser because I have the lowest sales this month" or, you can support yourself by saying: "When I am focused on my key accounts, I increase my sales." Your words to your Self will make all the difference in how you feel on a daily basis. Remember we saw that letting go is a miracle. So consider letting go of your harsh words.

Chapter 6

BE PRO MIRACLES... BECOME A MIRACLE LEADER

**Excerpt from Learning to Believe the Unbelievable*



When miracle leaders participate fully they are continuously learning. Through this learning, they expand their consciousness so that miracles can occur. Continuous learning allows them to expand into the miracle. From this level, they begin to see miracles as a daily occurrence.

Living life as a miracle leader involves a process of acceptance that will bring new power and energy to your life. What if you could accept your Self fully as you are? You could live freely in your thoughts, emotions and experiences. You could stand in your power while simultaneously accepting and supporting others as they express themselves. You could create a life in which you would live fully as you experience miracle after miracle.

With this awareness, you will be more willing to embrace self-exploration as a life-long endeavor. You will feel peace inside of your Self, knowing that you are unique. You can be a miracle leader.

Begin by Taking Off the Brakes

When you are living life as a miracle leader, you are generous with your Self. This involves living with full enthusiasm, even at the risk of appearing more adventurous than the average person. For example, have you ever felt your Self holding back when you felt enthusiastic? When you trust your full participation, you will share your ideas, your creativity, and your leadership.

What if you were to let off of the brakes right now and allow the spirit of your Self be fully expressed? You would tap into your own truth. The part of you that is afraid and holds back is the part that is unnatural, and this is what causes your discomfort.

Now, Now, Now

When thinking about how often people hold back from fulfilling their truth, I am often reminded of the phrase, "If not now, then when?"

The time for you is NOW

You are exactly where you should be. The situation is exactly as it should be. *Now* is the time to act. There is no reason to wait, and any "reason" is something you have created out of fear. There is no right time but the present. Share that fantastic idea, speak your truth, and take that step toward your heart's desire.

Are you too old for this? Too young, maybe? It doesn't matter if you are 10 or 110! There is no better time than right now to share your greatest expression of creativity in your job, loving in your relationship, and courage in taking your next step.

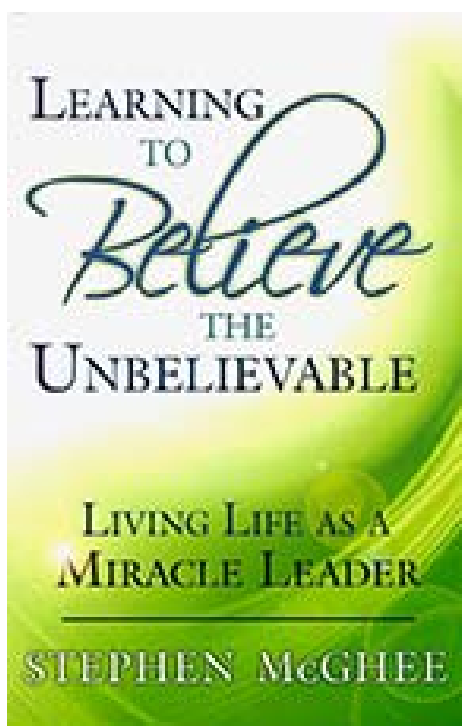
BE THE PRESIDENT OF YOUR OWN LIFE!

Join the...

MIRACLE LEADER MOVEMENT

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12 Attributes of Miracle Leaders

1. Being Open to Miracles
2. Letting Go Creates Miracles
3. The Miracle of Discomfort
4. The Power of Integrity
5. Being the Miracle of Your Word
6. Listening as the Miracle
7. Miracles Come from Clarity
8. Knowing You are the Miracle
9. Implementing Miracles
10. Miracles through Full Participation
11. Living in the Spirit of Miracle Leadership
12. Loving is the Miracle

This book is really about YOU ...helping you take an honest look at your life and exploring your Inner Landscape. You'll find the courage to be authentic and trust yourself more than anyone or anything outside of yourself.

Becoming a Miracle Leader is about owning your power and taking the lead in your life and living from **your** core truth. And the powerful exercises in this book will guide you to the miracle of loving yourself and loving what you do.

UNLEASH THE MIRACLE LEADER IN YOU!



FREE - Video Email Miracle Leader Coaching
with Stephen McGhee

START YOUR WEEK EMPOWERED...

Instant motivation delivered to your inbox!
Get uplifted and into bold action in less than 5 minutes!

Every Monday Morning you'll receive a video email with a mini coaching session that will have you looking forward to Monday mornings and creating miraculous results.

Still not a believer, but want to be?

Join us...

You never know -your life may never be ordinary again.

Visit us as at

www.MiracleLeader.com



About Stephen McGhee

For the past 17 years, Stephen McGhee has been leading senior level executives to go beyond self-imposed limitations to create unreasonable results with his unconventional coaching style. Whether he is guiding executives on a strategic path or helping teams get their groove back, he does it with compassion, and a sense of wisdom and understanding beyond the conventional standards.

One-on-one coaching with Stephen has been referred to as the adventure of a lifetime and may be the most honest and revealing conversations his clients have ever experienced. Stephen has a blend of integrity, a splash of raw realism and an open communication style that allows him to see beyond "what's on the table" to get to the core of any situation. His work brings extraordinary results into seemingly unsolvable scenarios.

GET REAL WITH STEPHEN MCGHEE'S BLOG

Stephen speaks candidly about what it *really* takes to transform your life! Sometimes it takes a jolt of bold truth to wake us up to reality so we can clearly see through our imagined "problems" and how we have always had access to the solutions.

The blog that guides you to discover your own brilliance.

www.TheGetRealBlog.com